QSA Notes

December 2024

Economical, environmentally friendly and sustainable gifts that improve lives and foster long-term well-being.

Living Gifts supports Quaker Service Australia (QSA) in empowering communities to create sustainable change guided by the values of the Australian Quaker community.

In 2023/24, QSA supported eight international development activities and two refugee and asylum seeker projects in Australia, providing $694,607 to projects involving 6,084 participants, 65% of whom were women and girls.

This year, Living Gifts focuses on supporting QSA projects in Uganda, a country facing critical issues such as disease outbreaks, high refugee populations, climate shocks, food insecurity, and malnutrition. These locally led initiatives aim to change community members' well-being and livelihoods positively.

Gifts that make a difference

Vegetable seeds for 15 female farmers $45

Access to quality vegetable seeds empowers small-scale farmers with less than 1.3 acres to begin sustainable farming. By learning crop diversification, they grow a variety of vegetables to enhance family diets, improve nutrition, ensure year-round food security, and increase incomes. This approach strengthens resilience against the impacts of climate change.

Materials for 5 girls to make menstrual pads $30

Menstrual health management is a fundamental human right and essential for achieving gender equality. In Uganda, many women and girls cannot afford commercial sanitary products, which are often unavailable in rural areas. Providing sustainable, affordable, and practical solutions helps address this critical need, empowering women and girls to manage their health with dignity and participate fully in education and community life.

Training in nutrition, water, hygiene and sanitation $25

Learning about a balanced diet and growing and eating diverse foods is essential to achieve food security. Access to safe water, constructing basic infrastructure and managing waste around the household are also critical to good health. A local trainer to support farmers between training sessions and agricultural extension visits, ensuring the adoption of these practices.

Training and skills for 40 rural primary school students. **$50**

Visits to rural schools support the transformation of idle land into food forests, providing educational opportunities and enhancing school meal programs. During a training and agricultural extension visit, 40 children will be guided in creating and maintaining these gardens as part of their curriculum, with the produce supplementing meals for all students.

Support where it's needed most

If you can't decide on a gift, or if you'd like to make a general donation to the work of QSA, let QSA allocate the funds you nominate to where they are most needed. You choose the amount, and QSA will do the rest.

Order online and instantly download a gift certificate to print or email.

www.qsa.org.au/living-gifts

Some of these projects are delivered in partnership with the Australian Government through the Australian NGO Cooperation Program (ANCP)

ACFID MEMBER

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